



WHAT THE HEALTHCARE !

SUMMER MARTIN






WHAT IS HEALTH INSURANCE ?

- Health insurance is a contract that requires an insurer to pay some of all healthcare cost in exchange or a premium.
- Typically pays medical, surgical, prescription drug, dental, vision, and hearing services incurred by the insurer.

TYPES OF INSURANCE

- There are several types of insurance:
 - Medicare, Medicaid, & CHIP
 - Tricare
 - Commercial: PPO, HMO, FSA, HRA, HSA, EOP

FRONT

HORIZON ⁵
ADVANTAGE
EPO

1 Member Name

2 Member ID Number
YKQ3HZN012345678

3


4 PCP Name Jane Doe

5
INN PREVENTIVE CARE 100%
OFFICE VISIT: \$20.00
SPECIALIST: \$40.00
EMERGENCY ROOM: \$100.00
INN SINGLE DEDUCTIBLE: \$1500.00
INN COINSURANCE: 70%/30%

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GROUP NUMBER 61-80599
CONTRACT TYPE SINGLE
EFFECTIVE DATE 10/01/2018
BC/BS PLAN CODES 280/780

RXBIN 016499
RXPCN HZRX ISSUER (80840)
RXGRP 0805990061

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WHAT IS THE DIFFERENCE BETWEEN AN HMO AND A PPO

■ HMO : HEALTH MAINTENANCE ORGNIZATION

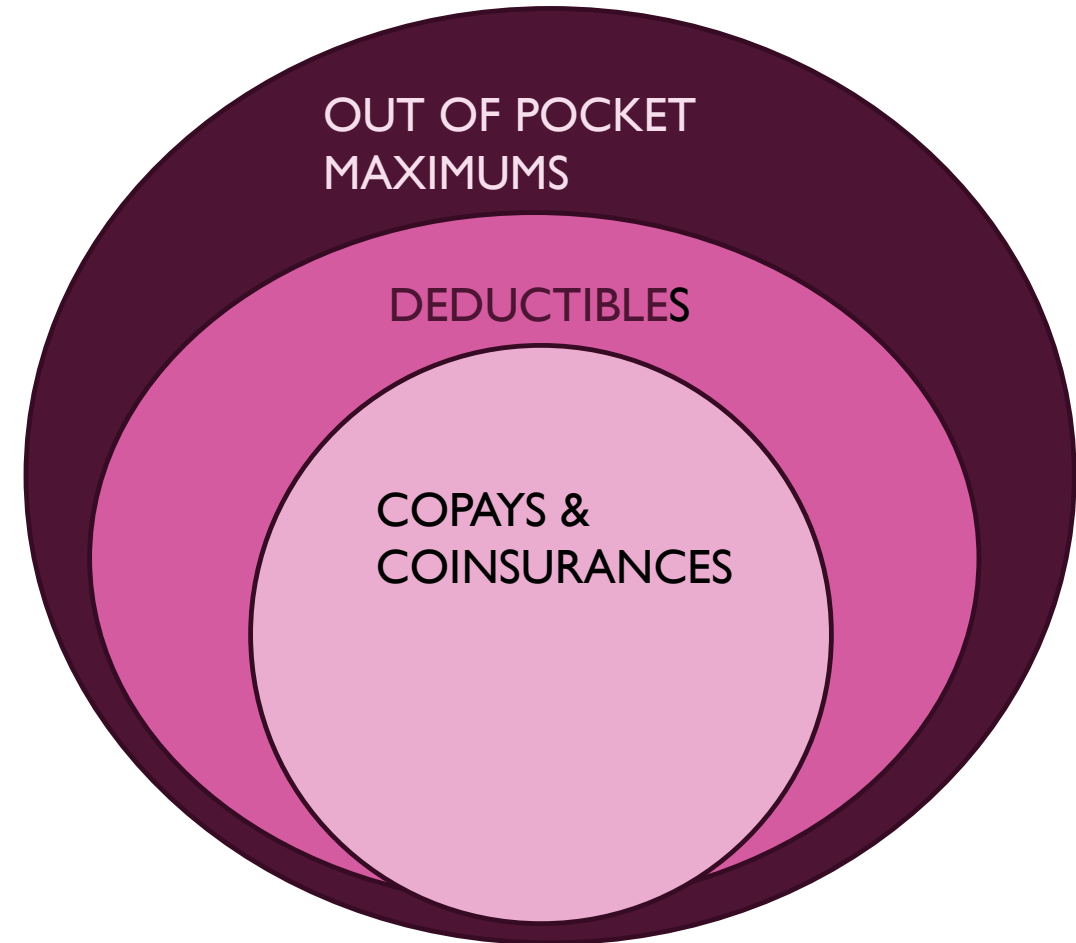
- SOME PLANS REQUIRE A PCP
- REQUIRE YOU TO STAY WITHIN NETWORK OF YOUR CONTRACTED PLAN
- REQUIRE REFERRALS AND AUTHORIZATIONS FOR SPECIALIST VISITS, CERTAIN TESTING, LABWORK, AND IMAGING SERVICES
- GENERALLY LOWER PREMIUMS AND DEDUCTIBLES

■ PPO: PREFERRED PROVIDER ORGANIZATION

- MOST PLANS DON'T REQUIRE A PCP
- IN AND OUT OF NETWORK RATES
- TYPICALLY NO REFERRALS OR AUTHORIZATIONS NEEDED.
- PREMIUMS TEND TO BE HIGHER AND DEDUCTIBLES, OUT OF POCKET MAXIMUMS INCLUDED IN THESE PLANS.

INSURANCE VOCABULARY

- **PREMIUM:** A MONTHLY PAYMENT YOU MAKE TO HEALTH INSURANCE.
- **COPAY:** A SET RATE YOU PAY FOR PRESCRIPTIONS, DOCTORS VISITS, AND OTHER TYPES OF CARE.
- **COINSURANCE:** IS THE PERCENTAGE OF COST YOU PAY AFTER YOU HAVE MET YOUR DEDUCTIBLE.
- **DEDUCTIBLE:** A SET AMOUNT YOU PAY FOR MEDICAL SERVICES AND PRESCRIPTIONS BEFORE YOUR COINSURANCE KICKS IN.
- **OUT OF POCKET MAXIMUM:** THE MAXIMUM AMOUNT OF MONEY AND PAYMENTS YOU HAVE TO PUT TOWARDS YOUR INSURANCE AND MEDICAL RELATED BILLS ON A YEARLY BASIS.
 - YEAR OF 2021 NATIONAL MAXIMUM WAS \$8,550 AND 2022 YEARLY MOOP HAS INCREASED TO \$8,700.



VOCAB CONT.

- **NETWORK:** THE GROUP OF DOCTORS AND PROVIDERS WHO AGREE TO ACCEPT YOUR HEALTH INSURANCE. HEALTH INSURERS NEGOTIATE LOWER RATES FOR CARE WITH THE DOCTORS, HOSPITALS, AND CLINICS.
- **IN NETWORK :** A PROVIDER WHO HAS AGREED TO WORK WITH YOUR INSURANCE PLAN.
 - CHEAPER COPAYS AND BILLS WHEN STAYING IN NETWORK
- **OUT OF NETWORK (OON):** A PROVIDER YOUR INSURANCE PLAN HAS NOT NEGOTIATED WITH.
 - VISITS WILL BE MORE EXPENSIVE OR NOT COVERED AT ALL DEPENDED ON CHOICE OF PLAN

HSA, HRA, FSA

HEALTH SAVINGS ACCOUNT & HEALTH REIMBURSEMENT ACCOUNT

HSA:

- YOU OWN THE ACCOUNT (BANK ACCOUNT)
- TAX FREE
- MUST HAVE A HIGH DEDUCTIBLE PLAN
- CONTRIBUTIONS FROM YOU AND YOUR EMPLOYER
- INVESTING MONEY IN ACCOUNT
- MUST REPORT ACCOUNT TO TAXES AND IRS
- YOURS TO KEEP AND ROLLS OVER FROM JOB TO JOB

FLEX SPENDING ACCOUNT

- YOUR EMPLOYER OWNS THE ACCOUNT.
- YOU AND YOUR EMPLOYER CAN ADD MONEY TO THE ACCOUNT.
- DOES NOT ROLL OVER YEARLY

HRA:

- YOUR EMPLOYER OWNS THE ACCOUNT
- ONLY YOUR EMPLOYER CAN ADD MONEY
- DOES NOT ROLL OVER FROM JOB TO JOB
- DOES ROLLS OVERLY YEARLY